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"What I say unto you I say unto all, WATCH."—Jesus



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\*Focused on "Omnipotence and World Affairs"

Founded in 1898 by Mary Baker Eddy,  
Author of the Christian Science Textbook,  
*Science and Health with Key to the Scriptures*



Marca Registrada

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# Christian Science Sentinel®

Marca Registrada

"What I say unto you I say unto all, WATCH." Jesus

## Pornography: A Lie About God and Man

JACK EDWARD FOSS

A social climate that permits and produces pornography can be purified by the spiritual understanding that man's true nature reflects God's nature and that it does not include a prurient appetite. Christian Science shows us that there is no reality in any impure concept, because an impure concept could not proceed from God, good.

God is Mind, the source of every real and good thought. An understanding of the reality—the allness—of divine Mind enables us to perceive the falsity and powerlessness of sinful concepts that seem to originate in some lesser mind or intelligence.

Christian Science is the systematization for this age of the spiritual, scientific method of healing employed by Christ Jesus in freeing mankind from sin and disease. It is the reappearing of primitive Christianity, radical in its reliance on spiritual means for regenerating and healing. Awakened to the allness and imma-



nence of God, divine Mind, we are able to assert and prove the unreality, the nothingness, of any impure or debased concept.

Mary Baker Eddy, the Discoverer and Founder of Christian Science, writes, "Christian Science lays the axe at the root of sin, and destroys it on the very basis of nothingness. When man makes something of sin it is either because he fears it or loves it. Now, destroy the conception of sin as something, a reality, and you destroy the fear and the love of it; and sin disappears."<sup>1</sup>

The mortal concept of sin or error is totally unknown to divine Mind. Sin and error are not facts of reality. Thoughts, actions, and events generated by human will and taking place in an atmosphere supposedly outside the allness of Mind are properly labeled in Christian Science as lies, illusions, deceptions. It is our God-given right to turn away from—to unsee—such deceptions. To make the effort to forsake error and seek the understanding of Truth, God, is to turn toward the light of divine Mind, and this seeking is rewarded by "the Father of lights."<sup>2</sup> The light of Truth is the bright reality forever shining where uncomprehending mortal sense perceives only darkness. As this Christly illumination reveals and defines for us the heaven, earth, and man of God's creating, belief in a flawed or impure creation recedes until it vanishes.

This is the scientific method of destroying sin and error. This is true purification, cleansing, atonement. When one experiences even a momentary surge of the joy that accompanies spiritual perception—at-one-ment with the Mind of Christ—attraction to impurity is lessened. And this joy is our true desire. Our true appetite is for the dominion and freedom that accompany pure, Godlike ideas and perceptions.

The appeal of the Psalmist expresses this awakened desire for the influx of good: "Create in me a clean heart, O God; and renew a right spirit within me. . . . Restore unto me the joy of thy salvation; and uphold me with thy free spirit. Then will I teach transgressors thy ways; and sinners shall be converted unto thee."<sup>3</sup> This latter verse speaks of the power for good inherent in pure motives and should inspire us in the redemptive and purifying work of healing a climate of thought that encourages obsessive interest in sexuality.

How can we do more to advance the purification of a false

mental atmosphere that produces "adult" bookstores and pornographic movie houses in cities and suburbs and that fosters the unconscionable treatment of children as corruptible commodities? By recognizing that corruptible Truth—God—is an impossibility. By praying for the establishment of the truth of God's kingdom in place of the lie of a predatory society divided into victimizer and victim, exploiter and exploited, panderer and customer. By gratefully acknowledging that Life, Soul, is not dependent on or imprisoned in matter or the material senses. We can help by joyfully declaring for everyone man's freedom from the dream of sensuality and by our own progressive awakening to the holiness and purity of true being as a reflection of the pure substance of our Father-Mother God.

Man, the image of his Maker, could never be influenced to be anything less than a faithful reflection of his heavenly Father. Our defense against any lie to the contrary is the prayer of steadfast affirmation of God's, Spirit's, allness. The words and images of debased and debasing literature have no real power to subvert thought, and we help prove this as we realize that man is governed only by the Word of God, Truth, who is All.

Dealers in erotic material are traffickers in illusion and fantasy. Their customers are ignorant of their true needs or they would not seek satisfaction in "that which satisfieth not."<sup>4</sup> Love satisfies, and John tells us, "God is love."<sup>5</sup> God does not tempt us by depriving us of love so that we are forced to seek an adulterated substitute. God supplies all of our needs, including the need to give and receive affection.

Those who seek stimulation or satisfaction in pornography are looking away from Life and Love, God, and succumbing to a mesmerizing fascination that can never satisfy. In its every aspect pornography seeks to gain acceptance for a lie about God, true manhood, and true womanhood.

"To abide in our unselfed better self," Mrs. Eddy tells us, "is to be done forever with the sins of the flesh, the wrongs of human life, the tempter and temptation, the smile and deceit of damnation."<sup>6</sup>

Our better selves—the men and women of God's creating—are attracted only by Spirit toward the things of Spirit. When we identify ourselves spiritually, the illusory attractions or deceptive



appeals of a godless, substanceless, material creation cannot deflect us from the course set by His pure impulsions. We prove that there is truly nothing in us to respond to the blandishments or seductions of evil. Jesus said, "The prince of this world cometh, and hath nothing in me."<sup>7</sup>

<sup>1</sup> *Message to The Mother Church for 1901*, p. 13; <sup>2</sup> James 1:17; <sup>3</sup> Ps. 51:10, 12, 13; <sup>4</sup> Isa. 55:2; <sup>5</sup> I John 4:8; <sup>6</sup> *The First Church of Christ, Scientist, and Miscellany*, p. 6; <sup>7</sup> John 14:30.

## Spirit overrules mortal beliefs

# Dropping Material Restrictions

DOROTHY F. GRAVES

The physical senses declare that we are born into a material world—that we live and die in this world governed by habit, chance, heredity, and filled with unhappiness. These invalid assertions about man and the universe masquerade as law, but the Christ, Truth, frees us.

In his Epistle to the Galatians Paul urges, "Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage."<sup>1</sup> Our obedience to Paul's admonition disentangles us from Adam-based beliefs and the wretched ills they produce.

In reality there are no material bonds, for there is no matter or material mentality to bind man—as Christian Science shows. Mankind's enslavement is perpetuated by ignorance of the uninterrupted spiritual perfection of God and man. Knowledge of the truth of being—the enlightened knowledge that God, Spirit, is All and the basis of all—liberates. Christ Jesus assures us, "Ye shall know the truth, and the truth shall make you free."<sup>2</sup>

To the degree we acquaint ourselves with God and His Christ, the erroneous assertions of material sense are seen to have no found-

dition, consequently no substance or existence, and we are freed from self-inflicted material restrictions. In this emancipation, Spirit, Mind, ever embracing its own, removes the mortal wrappings and unveils our genuine selfhood. As we better understand God's flawless universe, it comes into clearer view—harmonious, consistent, governed by the legitimate, eternal law of good. Mrs. Eddy writes in *Science and Health with Key to the Scriptures*, "To divest thought of false trusts and material evidences in order that the spiritual facts of being may appear,—this is the great attainment by means of which we shall sweep away the false and give place to the true."<sup>3</sup>

Christian Science substantiates man's original perfection and unity with God by destroying the binding illusions of physical sense and proving their nothingness. We should not look for, and cannot find, perfection in mortal man or the material universe. Perfection is spiritual, the original, actual, and ultimate state of true being. However, a higher understanding of existence as ideal and immortal naturally brings harmony and normalcy to our human lives.

In my own life, a condition of physical unbalance was overcome as I stood fast in Christ's liberty. I realized that "the yoke of bondage" referred to by Paul was nothing more than the Adam pretext of material existence. I endeavored to stand firm in immortal divine Principle and perfect scientific being, instead of merely reaching for a material object for support each time I stood or moved about. I knew I had to strive faithfully and consistently to view myself and others as Christlike representatives of God. I had to recognize as false representations of man character traits like self-righteousness, resentment, envy. As I maintained the spiritual perfection of God and man as the basis of my thought, the imbalance faded away.

Christ Jesus, standing immovable in the elevated consciousness of true being, healed a wide range of mental and physical disorders. Regardless of the form evil takes, we too can find salvation in the clear perception of the postulate: perfect God and perfect man. Accepting this premise is a rule for healing. Mrs. Eddy states, "Unless you fully perceive that you are the child of God, hence perfect, you have no Principle to demonstrate and no rule for its demonstration."<sup>4</sup>



As we advance in spirituality, our scientific achievements attest to a growing acquaintance with God and a clearer understanding of man's perfect nature as His reflection. Our perception of the harmony and continuity of spiritual being appears as health and intelligence. The true appraisal of being, which comes to light in the Scriptures and is embraced in the teachings of Christian Science, supplants the supposition of a material beginning and ending and a series of both good and bad happenings in between. Mrs. Eddy states, "He who has the true idea of good loses all sense of evil, and by reason of this is being ushered into the undying realities of Spirit."<sup>5</sup>

As Spirit overrules, one by one, the beliefs of mortal sense and the disturbances that accompany them, the links in the suppositional chain of material existence are severed—the bonds of captivity loosed. At the same time the true links of the eternal chain of spiritual existence are revealed. Our scientific demonstrations of Spirit's allness bring regeneration. And they ultimately lead to immortal being, even as Jesus' many proofs of perfect Principle and perfect idea were forerunners to his resurrection and ascension—his complete and final disentanglement from mortal, material sense.

<sup>1</sup> Gal. 5:1; <sup>2</sup> John 8:32; <sup>3</sup> *Science and Health*, p. 428; <sup>4</sup> *The First Church of Christ, Scientist, and Miscellany*, p. 242; <sup>5</sup> *Science and Health*, p. 325.

### "CAST OUT THE BEAM"

Recalcitrant, the human will blocks—  
unrecognized—the pure vision.

Laborious are those miles wasted  
in unplanned headstrong search  
for what lies within already-reach.

Love cannot be caught and clutched;  
Love, pure and undefiled and undefiling,  
touches us  
when silenced self waits—  
and trusts.

CATHRYN TOOHEY ADAMS



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# The Bugle Call

NORDFRID MOERSBERGER

Healing of sickness in Christian Science is unquestionably important. But it still stands at the *beginning* of wider action. It is the call to higher activity, the signal to reach for higher goals. In answering the question "*Is healing the sick the whole of Science?*" Mrs. Eddy says: "Healing physical sickness is the smallest part of Christian Science. It is only the bugle-call to thought and action, in the higher range of infinite goodness. The emphatic purpose of Christian Science is the healing of sin; and this task, sometimes, may be harder than the cure of disease; because, while mortals love to sin, they do not love to be sick."<sup>1</sup>

Sometimes physical healing seems to be the ultimate goal, especially when a difficulty is standing in the way of our daily activities. However, we need to think of physical healing as our bugle call to take the next steps—to renew our efforts to prove the utter nothingness of all sin.

Christ Jesus sometimes pointed to this task of higher action. After he had healed the man lying beside the pool of Bethesda, he told him, "Thou art made whole: sin no more, lest a worse thing come unto thee."<sup>2</sup>

Mrs. Eddy mentions the word "sin" and its derivations more than one thousand times in her published writings. At times she points out that it is easier to heal the sick than to heal sin. Still, she stresses that the emphatic purpose of Christian Science is the healing of sin.

After a wonderful healing of some physical ailment, one may be tempted to lean back and say, "Now everything is well again; I am back to normal." But the healing should be the bugle call to the higher action indicated in these words of Mrs. Eddy's: "Mortal man's repentance and absolute abandonment of sin finally dissolves

all supposed material life or physical sensation, and the corporeal or mortal man disappears forever.”<sup>3</sup> With this task before us, what we are doing in between bugle calls is important. What would we say of a soldier who, hearing the bugle call, would take a few steps and then sit down to wait for the next call?

All the various forms of sin are derived from the false belief in a power besides God, Spirit. As long as there is the least thought about matter as reality, there is sin, because to believe in matter is to believe in a power apart from God.

Mortal mind, or false material consciousness, would prevent the bugle call and thereby the battle. It would pervert spiritual healing with willpower or material remedies. Christ Jesus pointed out the right way. His method of healing was sure and irresistible, because it was entirely spiritual. He gave us the only effective weapons for the battle against sin. In his Sermon on the Mount he discussed meekness, righteousness, mercy, purity, peacefulness, and the fruits of these qualities. All of these attributes point to what constitutes our true being right now. However, only by daily striving to exclude all unchristian thoughts from our consciousness and from our actions can we demonstrate true, sinless being. Our Leader, Mrs. Eddy, asks us to pray daily to have all sin ruled out of us.<sup>4</sup>

We need to be engaged daily, even hourly, in the struggle to eradicate all sin. Mrs. Eddy writes, “Mental purgation must go on: it promotes spiritual growth, scales the mountain of human endeavor, and gains the summit in Science that otherwise could not be reached,—where the struggle with sin is forever done.”<sup>5</sup>

The bugle call directs the advancing army, encourages it, and rouses it in its mighty battle. As the bugle call rouses the soldier to action, so a healing of sickness by spiritual means gives us the joy to go on with the higher task. The destruction of sin helps us in our healing work, and the healing of sickness helps us to destroy sin.

<sup>1</sup> *Rudimental Divine Science*, pp. 2-3; <sup>2</sup> John 5:14; <sup>3</sup> *Miscellaneous Writings*, p. 205; <sup>4</sup> See *Manual of The Mother Church*, Art. VIII, Sect. 4; <sup>5</sup> *Mis.*, p. 41.



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# World Affairs: What You Can Do

DONALD R. LANE

In many directions we look today we are confronted with evidence of ungoverned thinking. Countries torn by internal strife, fiscal instability, food and energy shortages, corporate and governmental scandals, crime—these come easily to thought. Is there hope for such a world?

We may find encouragement in words voiced by Christ Jesus to his disciples. He said: "Ye shall hear of wars and rumours of wars: see that ye be not troubled: for all these things must come to pass, but the end is not yet. For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places." He refers to betrayals, hatred, false prophets, and a weak sense of love that cannot stand when tested. And then he says, "But he that shall endure unto the end, the same shall be saved."<sup>1</sup>

If Jesus foresaw and foretold many of the problems faced by the world today, need we be startled by them? Instead, shall we not view them as part of the process by which error destroys itself? As long as all goes smoothly, the tendency of mankind is to drift along with the status quo. When things become almost unbearable, there is often a reaching out to a greater power. The obstinate apathy of earth must be broken; self-satisfied material thinking must be shocked into awakening from its dream. We must turn from the material to the spiritual, from the human to the divine.

The prophet Joel says in his lament over the troubles of his day that "joy is withered away from the sons of men."<sup>2</sup> But there is a joy that does not wither. More than mere mirth, it is a deep rejoicing based on understanding of the infinitely good God and man's unbreakable unity with Him. This joy can never be lost; it stands firm in times of trial. It is accompanied by hope that is far from

wishful thinking because it recognizes the inevitable, eventual triumph of good over evil.

Christian Scientists recognize the omnipotence of God, and they long to see it more generally acknowledged. They sometimes ask themselves what they can do to help mankind seek and find the divine guidance that will lift men to higher, happier, and holier living.

The story is told that after a statesman had made a powerful speech on the problems facing his country a man approached him and said, "I am just an ordinary businessman—a citizen who votes and pays his taxes. What can I do?" The statesman replied, "Do what you can with what you have, where you are—but *do it*."

Those who have studied the Bible in conjunction with the writings of Mrs. Eddy know how to pray scientifically. In their own experiences they have seen the effectiveness of prayer to heal sin, sickness, business and social difficulties. They have demonstrated this power of prayer in all kinds of circumstances.

They have learned that man, as God's likeness, His manifestation, is God's means for expressing Himself. They are, therefore, cognizant of their ability to selflessly express God's government in their thought, their experiences, and their world. In doing this they use their understanding of "Christ" as defined by Mrs. Eddy: "The divine manifestation of God, which comes to the flesh to destroy incarnate error."<sup>3</sup> The Word made flesh is God's Word made evident in demonstration.

As we turn to God, divine Mind, as the only source of intelligence, it is logical to know that fresh, useful ideas will unfold to government officials, negotiators, their advisers, students and instructors, inventors and researchers, theologians and businessmen. God gives the fruitful, healing, strengthening ideas that enable His witnesses to endure to the end and be saved.

Salvation is individual. One can help another, and one should whenever possible, but basically the problem of being must be demonstrated on an individual basis. The Christian Scientist finds great joy and inspiration in knowing that as he prays for the world he is also working out his own salvation.

Is there hope today? Indeed there is! Mrs. Eddy defines "salvation" as "Life, Truth, and Love understood and demonstrated



as supreme over all; sin, sickness, and death destroyed.”<sup>4</sup> There is nothing to prevent all mankind from understanding and demonstrating true salvation. It has been well said, “. . . more things are wrought by prayer/Than this world dreams of.”<sup>5</sup> Each one can hope and each one can pray.

<sup>1</sup> Matt. 24:6, 7, 13; <sup>2</sup> Joel 1:12; <sup>3</sup> *Science and Health*, p. 583; <sup>4</sup> *ibid.*, p. 593; <sup>5</sup> Alfred, Lord Tennyson, *Morte d'Arthur*.

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True power inheres in Love's qualities

# The Missile and the Lamb

CHARLOTTE SAIKOWSKI

Mankind seems to be in the grip of a nuclear arms fever. The superpowers have amassed nuclear weapons of great destructiveness. Smaller nations, too, now are scrambling to build up their own arsenals, even as the “have” nations seek to restrain them. Each year weapons become more lethal in physical power, speed, and accuracy.

In a world of contending political systems and cultural and social antagonisms, nations feel they run great risks if they let down their physical defenses. Missiles and other complex components of a nuclear arsenal seem to be needed to preserve stability as long as the possibility of aggression remains.

But Christian Science offers the world something more than faith in the force of physical armaments. For it reveals what the real enemy is and where true defense lies. It shows how we can apply the power of the Christ, Truth, to destroy evil aims so that mankind gradually loses its fears and begins to lessen its dependence on atomic arsenals until one day they can be dismantled altogether. In those well-known words of the Apostle Paul, “Though we walk in the flesh, we do not war after the flesh: (for the weapons of

our warfare are not carnal, but mighty through God to the pulling down of strong holds;) casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.”<sup>1</sup>

Here, then, is how we pull down strongholds: by subordinating every thought to the control of Christ. What imaginations need to be cast down? Hatred, envy, resentment, craftiness, bigotry, greed—all those negative, immoral forces of mortal mind that seek to attach themselves to mankind and would be destructive of individual and collective well-being. Mary Baker Eddy explains in *Science and Health* the subtle development of the criminal instincts in mortal thought and warns against apathy in dealing with them.

Beyond trying to control the arms race—a commendable human endeavor that is largely motivated nonetheless by fear of self-destruction—there must be a mighty, disciplined, constant effort to control those evil thoughts in human consciousness that fuel the arms race in the first place. Through scientific prayer we can discern the unreality of the lawless influences of fear and malice that claim to rule mankind, and thereby help annihilate them. We can realize that because man is the son of God, his every act is conformed to the divine will.

Above all, we must start with ourselves. It is vital to universal peace that we detect and root out of our own thoughts and actions every willful or unconscious impulse of hate or rancor or bigotry that adds to the sum of error in the world. Mrs. Eddy's injunction is clear on this score: “Christians must take up arms against error at home and abroad. They must grapple with sin in themselves and in others, and continue this warfare until they have finished their course.”<sup>2</sup>

What the world desperately needs to learn is that true power does not inhere in weapons of destruction but in those energizing qualities of divine Love that heal the very urge to resort to war. It has to be perceived that ballistic missiles and warheads and atomic bombs can never destroy the man God made. Nor indeed can they end material existence, which Science reveals to be a false dream. Only omnipotent Truth can do that, for Truth alone can pierce the supposed substance of the dream and obliterate it.

In the book of Revelation St. John provides mankind with



valuable help when he pictures the true battle as taking place between the forces of evil, represented by the serpent or "the accuser," and the forces of good, symbolized by angels. In this extraordinary symbolic depiction the devil is overcome by "the blood of the Lamb."<sup>3</sup> Mrs. Eddy, in part of a Glossary definition in *Science and Health*, interprets "Lamb of God" as "innocence and purity."<sup>4</sup> And in her chapter "The Apocalypse" she explains the Revelator's vision as symbolizing the divinely scientific method of warfare with evil and the final victory over it.

To the human mind, the figure of a lamb evokes helplessness and defenselessness. Yet Science teaches that because God, good, is omnipotent and omnipresent, pure goodness is power. Indeed, the only power. Such attributes of God as love, purity, integrity, practiced in daily experience, constitute a divine law that operates to destroy sin in human thought. Deeply reforming character, this law mitigates and eventually will destroy the supposed forces of error that entice individuals and nations into acts of violence. As man's true, Christly nature is brought to light more and more, the bestial in individual and national character will fade until no wicked motive, aim, or impulse remains. In the words of Mrs. Eddy, "The weapons of bigotry, ignorance, envy, fall before an honest heart."<sup>5</sup> How encouraging to think that every pure thought, every honest deed, however small, acts as an antidote to the nuclear arms race!

We need therefore to view the world's hectic arms competition in the Christianly scientific context of the real warfare taking place in the mental realm. The battle is in human consciousness, and our only truly effective weapons are spiritual. Is a MIRV awesome in its potential for destruction? What is more potent than the animus of divine Love? Is a cruise missile impressive in its accuracy? What is more precise than fixed Principle operating through the inexorable law of good? Is an ICBM fearsome in its swiftness? What is more dynamic and instantaneously effective than a spiritually impelled thought? The Bible says, "The word of God is quick, and powerful, and sharper than any twoedged sword."<sup>6</sup>

As human governments struggle to find means to reduce the threat of nuclear catastrophe, Christian Scientists can utilize the all-powerful weapon of moral and spiritual purification to break

down the mortal dream in which warfare seems possible. And beginning with proofs in their own individual lives, they see evidence that a full understanding of God will indeed culminate in universal peace.

<sup>1</sup> II Cor. 10:3-5; <sup>2</sup> *Science and Health*, p. 29; <sup>3</sup> Rev. 12:10, 11; <sup>4</sup> *Science and Health*, p. 590; <sup>5</sup> *ibid.*, p. 464; <sup>6</sup> Heb. 4:12.

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# Establishing Heaven on Earth

RALPH E. WAGERS

Today groups of individuals representing many diverse social and economic concepts are seeking ways and means of working more harmoniously with each other, and of permanently avoiding disastrous military struggles. Active, dedicated Christian Scientists are among those who are praying for the success of these conferences.

For nearly two thousand years the words and works of Christ Jesus have been looked upon expectantly as the very foundation of an ideal social order, and during the last century—since the advent of Christian Science—the potentialities of Christianity have been becoming clearer and nearer.

Along with other Christians, Christian Scientists take seriously the prayer of Christ Jesus: "Thy kingdom come. Thy will be done in earth, as it is in heaven."<sup>1</sup> While the important consideration is the will or kingdom of God, it is equally important to recognize the inseparable relationship between heaven and earth that is involved in this statement. Jesus knew and demonstrated that peace on earth is the inevitable result of the operation of divine law in the everyday lives of the people.

One of the meanings of "heaven" Mrs. Eddy gives us in the



Christian Science textbook is "government by divine Principle."<sup>2</sup> This government of divine law is universal, impartial, all-inclusive. It never changes, and when put into practice in daily life, it never fails to bring harmony into human experience to the benefit of all concerned.

Christian Science enables us to see that we are forever embraced in God, the divine source of our being, and are continuously showing forth God's spiritual, perfect nature. Thus we can see and progressively demonstrate that we are in reality sinless, diseaseless, deathless. As heaven is understood and experienced on earth, our concept of the earth will be transformed. We will begin to recognize that the earth, and all it represents, expresses the perfection of the one divine creator.

So, we do not have to leave the earth to begin to experience heaven. A right sense of heaven and earth makes it possible for us to learn what it means to live in heaven on earth. This is what Christ Jesus enables us to do when we accept and follow him as the Way-shower.

We find harmony on earth is possible as it is sought through these spiritual means. The harmony that is to be established on earth must have its recognized basis in heaven.

Today we know a great deal about the earth *on* which we live but very little about heaven *in* which we live. We need to know that heaven is a state of consciousness and not an ideal place that we will inhabit at some future time. This enables us to realize that heaven is *here, now*. We will have peace on earth in proportion as we acknowledge the presence of heaven. Human negotiations may lessen war on the earth, but enduring peace will be achieved only as God's will is done in the experience of each individual man and woman.

To believe that heaven is a place in which we abide permanently after having completed a temporary stay on earth may be appealing to many spiritually aspiring individuals. However, this deprives one of the assurance that heaven can bless men here and now on earth. Yet this assurance gives such promise of heaven's influence upon earth as to encourage us to seek an entirely new approach to those with whom we are presently living.

To live in heaven is to identify oneself with "the reign of har-

mony in divine Science." In doing this we become at one with "the realm of unerring, eternal, and omnipotent Mind." We learn how to abide in "the atmosphere of Spirit, where Soul is supreme." These quotations are taken from the definition of "Kingdom of Heaven" in the Glossary of *Science and Health* by Mrs. Eddy: "The reign of harmony in divine Science; the realm of unerring, eternal, and omnipotent Mind; the atmosphere of Spirit, where Soul is supreme."<sup>3</sup>

The term "kingdom of heaven" coincides exactly with Jesus' description of the kingdom of God. In Luke we read, "And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation: neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you."<sup>4</sup>

People find they can overcome discordant conditions on earth when they learn that they live above them in the kingdom of God. Instead of being so involved in the conditions as to be in subjection, they find they can exercise dominion.

Jesus spoke of the strait gate and narrow way that lead to life in contrast with the wide gate and broad way that lead to destruction (see Matt. 7:13, 14). In this statement he outlined the difference between heaven and hell. His outstanding contribution to the world was the help he gave people to find the way of Life and follow it. Those who awake to the spiritual implications of this way learn through experience what it means to live in heaven on earth.

As we take steps each day to spiritualize our thought and to recognize the presence of God's kingdom, we are led through the strait gate into the narrow way of Life. Increasingly we find the blessing of God's law of harmony appearing in everything we do. We find the kingdom of heaven becoming the foundation of peace on earth.

<sup>1</sup> Matt. 6:10; <sup>2</sup> *Science and Health*, p. 587; <sup>3</sup> *ibid.*, p. 590; <sup>4</sup> Luke 17:20, 21.

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# A Higher View of Community

CURTIS J. SITOMER

The situation looked foreboding. In some ways it seemed a microcosm of world affairs. This inner-city area, just days before, had exploded in racial violence. The looting, the fire bombing, the rock throwing, had all but disappeared. But the rage and resentment seemed to be looming in the background. One newspaper reported, It's quiet on top—but seething underneath.

Right after the disturbances a Christian Scientist entered the community on legitimate business but was filled with apprehension. He feared for his own safety. Anticipating trouble, he encountered it. People shunned him or treated him with disdain. A few even threatened him with physical harm. He hastily left—disillusioned, frustrated, and even carrying in his thought ugly stereotypes he had believed he was incapable of clinging to.

Back in the safety of his own home he suddenly realized the folly of the situation. His fear and anxiety had been met by others with their own fear and anxiety. He began to realize that an inward renewal was needed before an outward change could take place.

He turned his thought to brotherhood—the unity of spiritual man under the fatherhood of God. He deeply believed what he read in the Bible: “For ye are all the children of God by faith in Christ Jesus. . . . There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus.”<sup>1</sup>

He released fear and disillusionment. He replaced them with an understanding of God and man and a joyful recognition of the brotherhood of man.

He then turned to Mrs. Eddy's words, “Metaphysics resolves things into thoughts, and exchanges the objects of sense for the ideas of Soul.”<sup>2</sup>



What are the concepts that must be exchanged within the context of civil unrest, national tensions, or international friction? War, racial strife, economic doldrums, social deprivation and disorientation, and natural disaster are among them. These stem from the fundamental assumption that man is a material being subject to the vagaries of supposed material laws. This assumption and the errors that stem from it must be eradicated by the fundamental truth of being—namely, that God, Spirit, governs man. This is accomplished through prayer and an abiding conviction that man is spiritual, that he is not a victim of materiality but a constant beneficiary of the allness and abundance of his Father-Mother God.

The Scientist returned shortly, not to an angry and seething ghetto, but to a quieter community. Where before he had encountered hatred, he now found a greater degree of peace and harmony. He discussed problems with members of the community amiably. To be sure, there was still great need of broad reform and healing. But the visitor was supported now with an underlying spiritual basis of thought. And his frame of mind was conducive to helping and healing. He was seeing his brother from the standpoint of his Father.

Mrs. Eddy writes, "One infinite God, good, unifies men and nations; constitutes the brotherhood of man; ends wars; fulfils the Scripture, 'Love thy neighbor as thyself;' . . ." <sup>3</sup>

This kind of brotherhood, under the loving care of God, obviously is not based on materiality. It can't be geographically pinpointed or politically zoned. It is not vulnerable to racial, national, religious, social, economic, or other differences. And that's because God's children are not sinful mortals, subject to arbitrary material laws of heredity and environment. They are spiritual ideas, harmoniously dwelling together in eternal brotherhood. Their heritage is dominion, not strife. Right activity fills true being. Glimpsing this reality, we find our motto in the advice of Peter: "Honour all men. Love the brotherhood. Fear God." <sup>4</sup>

As the student of Christian Science discerns this true community in consciousness, he begins to experience it. He is not trying to wish away evil. He is rejecting the false premise that man is mortal,

subject to the tragic dramas of human discord, and is discovering the underlying reality of being. He is replacing a flimsy human scenario with the metaphysical truth of being—perfect God and perfect man, coexistent and eternal.

Imbued with this truth, one is unmoved by fluctuating concepts of government and beliefs of crumbling communities in an unstable world. He is reassured by Mrs. Eddy's mandate, "Be firm in your understanding that the divine Mind governs, and that in Science man reflects God's government."<sup>5</sup>

God's wide community is neither disruptive atop nor seething underneath. Peace and well-being are embraced by it. It is actually here—everywhere—and we can begin to discern that fact.

<sup>1</sup> Gal. 3:26, 28; <sup>2</sup> *Science and Health*, p. 269; <sup>3</sup> *ibid.*, p. 340; <sup>4</sup> I Pet. 2:17; <sup>5</sup> *Science and Health*, p. 393.

## THOUGHT EXPANSION

The ALL-God is your very Mind and Life.  
Muse much on this—

know Him to be the Ego you reflect,  
the consciousness uplifting intellect.

For when imbued with Godlike grace,  
the human intellect outgrows the space  
allotted by the mortal dream.

As Mind is humbly seen to be the source  
of your ability to run the course  
of challenges both great and small,  
this higher view of humanhood  
expands your possibilities for good.

ALAN A. AYLWIN

# They Can't Hurt

Priscilla W. Heffernan

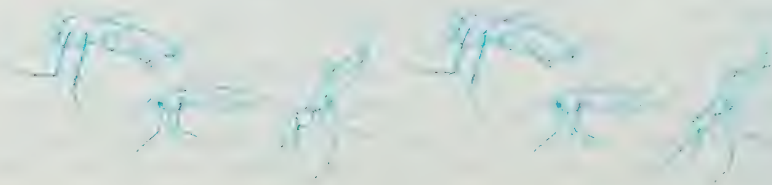
One day, as my mother was weeding, she got many mosquito bites. When she came in she got cleaned up. She didn't really think too much about it until night, and then they began to itch.

That night she asked me to pray for her. In my Christian Science Sunday School I've been learning how prayer heals. So I crawled into bed and got out my Sunday School books, the Bible, and *Science and Health* by Mrs. Eddy. I knew that none of God's ideas could hurt another one of God's ideas. All of His creatures do good. After all, the Bible says, "Neither death, nor life, . . . nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."<sup>1</sup>

I read and prayed, and I finally went to sleep knowing that my mother was perfect because God made her that way.

The next morning I got up, and Mother told me there were no mosquito bites or even marks left. She thanked me and then we glorified God. We both felt very good inside.

<sup>1</sup> Rom. 8:38, 39.





# DIVE!

Susan Trevithick

Watching the 1976 Olympics on television made me more and more excited about the diving lessons I had signed up for. I could hardly wait. We started off doing straight forward jumps and then back jumps, and everything got a little bit harder every day.

Then we started back fall-ins, and people were catching on with not much difficulty—except for me. Three days after the first lesson I still couldn't do it, and every time I tried I was

scared. I'd stand with my arms in position, all ready to go in—and then just wait. I was so scared I couldn't move.

Then the instructor tried ways of making me go in. He put me on a board and tipped the board and made me go in off the side; but I still couldn't do the fall-in alone. The instructor said he had done everything he could do physically and it was all in my head. He said I had a mental block against it. He couldn't understand how I could jump off the towers and do other hard things but not the back fall-in. So I waited a couple more days to see whether I could do it, but I couldn't. I was worried because the final test was coming up in two days' time.

Over and over and over I kept whining to my mother, "I can't do it." But my mother knew I really wanted to work this problem out through Christian Science. She reminded me there was a way to change my thoughts—not the body, or the pool, or the height, but my thoughts.

I told her I had already tried to change my thoughts, but it seemed the fear was too strong. So my mother said we needed to understand that man's intelligence is really the expression of divine Mind, God. She remembered Mrs. Eddy's words in *Science and Health*: "The divine understanding reigns, is *all*, and there is no other consciousness."<sup>1</sup> Mom asked me not to talk to anyone about the fear—not even my best friend. The Bible promises, "Perfect love casteth out fear."<sup>2</sup> I agreed to be very still and to listen for Mind, God.

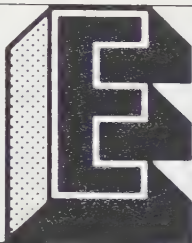
It sometimes feels as if there are two voices inside—one saying "you can" and the other saying "you can't" do something good. I knew I had to agree only with the good because it comes from God. The thought I liked best of all is found in Hymn No. 53 of the *Christian Science Hymnal*. It says: "Everlasting arms of Love/ Are beneath, around, above."

That same afternoon I tried to go off the side of the pool. And I did it! Then I raced to the diving board to try it, and on my second turn the instructor shouted with a big grin, "Perfect—the best in the class." Then I didn't want to stop doing back fall-ins! I raced home to tell my family. They were just as pleased as I was.

It all makes me understand better how prayer works.

<sup>1</sup> *Science and Health*, p. 536; <sup>2</sup> I John 4:18.

# Editorials



GEOFFREY J. BARRATT  
Editor

NAOMI PRICE  
Associate Editor

NATHAN A. TALBOT  
Associate Editor

## A Period of Marvelous Good

This title, perhaps you think, doesn't refer to the current age! Yet if we are not at all aware of marvelous good, then we need a more spiritual perspective. What we see about us is largely determined by the mental positions we adopt.

Christian Science can give us the spiritual discernment to recognize the marvelous good of today. And it can give us the spiritually scientific understanding that the bad is, sooner or later, self-canceling. The more we understand that divine Mind is the only creator and look out from the perspective of divine Mind, the more we will recognize Mind's ideal creation.

Showing us how to cultivate the spiritual talent to do this is a major contribution of Christian Science. Because it is the Science of eternity, it is the Science for what humans call the present and the future. As we grow in understanding its spiritual unfoldment of God's creation—so beautifully depicted in metaphorical terms in the first chapter of Genesis—we're truly modern-minded. In this way we can play a special role in appreciating the good in contemporary life.

A speaker at a recent symposium on human ecology maintained, "No environmental problems are external. They are, in truth, human understanding problems—problems of incomplete understanding." This in itself is a helpful reminder that we must look to thought to correct what seem to be outward conditions. But ultimate solutions to belief in the absence of good lie outside the framework of human thought. Human understanding must always be incomplete until it yields to the consciousness of all-good Mind.

Humanistic approaches—looking humanly at human problems,



and probing only for human solutions—can never provide ultimate answers. But the Science of being can. The spiritually scientific thinker is needed more than ever before and, without doubt, is moving into a golden age of opportunity to help and heal.

Cynical and skeptical resistance to nonmaterial and ethical values doesn't help. But spiritually extending our vision to see beyond the headlined disaster and the black clouds does. Then we remain steady and stable above the changes and transitions of present-day human experience. Looking ahead, Mary Baker Eddy noted, "The twentieth century in the ebb and flow of thought will challenge the thinkers, speakers, and workers to do their best."<sup>1</sup> By opening out to us the nature of God, and of man as God's reflection, Christian Science shows us how to do our best spiritual thinking and working.

Step by step this Science-for-today-and-always shows us how to replace the world presented by the material senses with discernment of the kingdom of God. Real creation is not a mixture of conflicting opposites, a mingling of good and bad. It partakes wholly of the good that derives from God and is maintained by Him. The Christianly scientific thinker is not naïve about the magnitude of mankind's challenges. But he does remain unintimidated and undepressed by problems. And he has the basis for correcting them. "God giveth to a man that is good in his sight wisdom, and knowledge, and joy,"<sup>2</sup> the Bible tells us.

By following Christ Jesus' example, we can be modern reformers in a high sense, without any element of self-righteousness or mere human do-goodism. Christian Science shows us how to re-form our own outlook, to progressively move our reasoning from a mortal basis to the spiritual. This is not simply a selfish exercise, because the more spiritually clear-minded we are, the more we can demonstrate the truths of being in our own life. And this, in turn, encourages others to do the same. But still more important, the spiritualizing of our own thought adds to the spirituality of mankind in general.

The founder of this magazine, Mrs. Eddy, discerned the good in the midst of much that was not good. She was confident, and her hope had a spiritual foundation. In a passage about her own times, which has equal truth today, she said: "This is a period

of doubt, inquiry, speculation, selfishness; of divided interests, marvellous good, and mysterious evil. But sin can only work out its own destruction; and reform does and must push on the growth of mankind.”<sup>3</sup>

Each of us can play a role in making this a period of more substantial good, and a period when doubt, empty speculation, and selfishness are touched and dissolved by the truth of being. This is not a time to fall for the claim that the individual is helpless to contribute usefully to big issues and major problems. There is a spiritually scientific way by which each of us can help quicken the growth of mankind. And we must.

Mrs. Eddy tells us what she expected of her followers, and how they could meet the demands: “A real Christian Scientist is a marvel, a miracle in the universe of mortal mind. With selfless love, he inscribes on the heart of humanity and transcribes on the page of reality the living, palpable presence—the might and majesty!—of goodness. He lives for all mankind, and honors his creator.”<sup>4</sup>

GEOFFREY J. BARRATT

<sup>1</sup> *Message to The Mother Church for 1900*, p. 9; <sup>2</sup> Eccl. 2:26; <sup>3</sup> *Miscellaneous Writings*, p. 237; <sup>4</sup> *ibid.*, p. 294.

## Never Kidnapped

While in most countries kidnappings are relatively few, the media tend to bring many of us close to such events when they do occur. We should recognize them as opportunities calling out for our understanding of God. We should be moved to understand the spiritual facts when confronted by the injustice of such acts.

Powerful spiritual truths are available to heal circumstances surrounding a kidnapping. As helpful as human methods may be, turning to God with a proper understanding of His presence can be the most significant factor in establishing a solution.

Too often those most directly involved feel helpless. But positive and strong steps can be taken. Christian Science brings to light the fact that a clear, accurate perception of God and man's relationship

to Him can be practical and effective in meeting any human challenge. While the immediate need may seem to center around the return of a human personality, a metaphysical approach requires an even more important preliminary step. It requires us to glimpse something of God. It calls on us to admit that God is ever present.

He truly is the only presence, thus the only power. God alone governs, motivates, and guides. He has established man as His representative, and man is expressive of His nature. God is Spirit, and man's true identity is spiritual. The one Father and His child are inseparable.

Man is found through an understanding of God. When we begin to perceive man's true nature as eternally at one with his Maker, the only source of being, we are, in a fundamental and essential way, finding an individual. When that individual is in some degree found, discovered, to be the child of God, the very reflection of one ever-present God, a powerful step has been taken toward a human solution.

Mrs. Eddy writes: "The material body and mind are temporal, but the real man is spiritual and eternal. The identity of the real man is not lost, but found through this explanation . . . ." On the next page she continues, "Spiritual man is the image or idea of God, an idea which cannot be lost nor separated from its divine Principle."<sup>1</sup>

In reality man's true being is never kidnapped. The child of God can never be taken from his full and secure and complete relationship to God's ever-presence. As we begin to yield sufficiently to this incontrovertible spiritual truth, human circumstances are drawn into a measure of conformity with it.

The fact that God is ever present is a healing truth for the human fear that an absence has occurred. As one reasons prayerfully he can begin to understand that since God is ever present and since man is the reflection of God—representing His presence—then man, by this reflection, expresses presence. There is no element of absence. *Here and now* are the facts of God's allness. Erring mortal concepts cannot overthrow those facts.

As we establish in consciousness, clearly and intelligently, these divine realities, an irresistible and healing force is brought to bear on unjust, wrongful, and discordant human conditions. Paul tells



us of the security of our true being: "Your life is hid with Christ in God."<sup>2</sup>

We should be unselfish enough to turn our thought Spiritward when society is confronted with a kidnapping. But are we impelled to make the same healing efforts when little kidnappings take place more directly in our own lives? If each of us brought specific healings to these "unreported" events, kidnappings that make headlines would be reduced.

For instance, have we ever, through personal attraction, drawn someone away from his home and family? Have we allowed a too close relationship to rob that family of their loved one? Or have we ourselves been a kidnap victim? Have we found ourselves carried away—even if only through fantasy—by an attractive human personality? Have we been taken away from those who love us? Might not a subtle sort of kidnapping be involved in such instances?

The same spiritual facts can bring healing. God holds His child in his rightful place. No individual, in his true being, can be carried away from his eternal oneness with God. Man belongs to God, not to person. As we understand this fact it will aid in bringing faithfulness and stability to human relationships.

Perhaps we have been abducted from our church. Oh, we may not have recognized it as a kidnapping. Animal magnetism, the supposed attraction toward materiality, would have disguised it as a disagreement, a loss of interest, perhaps disillusionment or lack of love. We deserve to be freed and permitted to return to the blessing that can embrace us when we have our full relationship with our church family.

As we prayerfully examine our lives we may find ways to be freed from being either victims or perpetrators of kidnapping.

Whatever form this wrongful act takes, its solution begins with a deeper awareness and love for God and the universal family He sustains. His children as divine ideas are forever held in their distinctive niche. They cannot be removed. They are never taken from the place that God has established. Our expanding recognition of this truth serves not only as a preventive force, but when the need arises, it supports a return to more harmonious conditions.

NATHAN A. TALBOT

<sup>1</sup> *Science and Health with Key to the Scriptures*, pp. 302–303; <sup>2</sup> Col. 3:3.

# THE SATISFACTION OF SHARING THE SENTINEL

Helping others discover the *Christian Science Sentinel* often brings the most grateful response. Recently some readers related these experiences to us:

"When I tell my Sunday School pupils of a special article, if a child does not have access to it I give him a copy. In this way the *Sentinel* finds its way into the home. Over a year ago the mother of one of these children started attending church services, and continued until the family was transferred to another state. I give the *Sentinel* full credit for this. In less than a month this mother wrote that her little girl was enrolled in another Christian Science Sunday School and very happy."

"A neighbor told me of her desperation and attempts to take her own life. Not ten minutes before, I had started reading the *Sentinel* with an article entitled 'Science Not Suicide.' We talked about the truths of God and man, and then I gave her the *Sentinel*. Since this first visit she has come back every week. While her small daughter plays with my girls, we read *Science and Health* and talk. The family problems which seemed overpowering are now being viewed in a different light. This dear friend is beginning to climb upward in her understanding of God."

"After receiving a renewal notice on a gift subscription to a friend, I wrote asking if I might renew her *Sentinel* for another six months. She wrote back that she is receiving help from reading the articles and wishes to take care of the subscription herself."

Things like these happen when the *Sentinel* is thoughtfully shared. Perhaps there is someone you think would be helped by what you've read. Or you might know a friend who would appreciate a gift subscription. You can arrange it at a nearby Christian Science Reading Room, or write

The Christian Science Publishing Society  
Box 125, Astor Station, Boston, MA, U.S.A. 02123.

## Testimonies of Christian Science Healing

At a time of acute awareness that something more was needed in my life I turned to Christian Science and daily study of the King James Version of the Bible and *Science and Health with Key to the Scriptures* by Mrs. Eddy. I often memorized portions, carefully and correctly, to imbibe the author's precise sense of things. Evidence of a beneficent intelligence and love began to accumulate. I was able to find a new and permanent job in a strange, large city, and this in the early weeks of the panic and Depression of the 1930's. There was the astonishing return of a piece of valuable and unidentified luggage.

I began to experience and to expect freedom from physical difficulties. The most far-reaching evidence for me in some ways was the healing of very uncomfortable legs and feet. I was a young woman but found myself wishing we could remain seated to sing the hymns in church. But then with my pursuit of the requirements of this new world of spiritually scientific thought, each time my feet came to my attention I disclaimed the mortal concept and with great joy acclaimed, "The place whereon thou standest is holy ground," those inspired words of God to Moses (Ex. 3:5). I further prayed to spiritualize my thought of myself, and specifically of feet, legs, muscles, nerves. I recognized fully and clearly that to perceive being in God, Spirit, was indeed holy ground! At the end of months of this persistent prayer and mental denial of discomfort, material gravitation, matter-substance, I realized I was perfectly free.

In marriage my husband and I ran high-class eating places. As

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The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.



cashier and hostess, I was on my feet all day; occasionally we danced all night. I looked after our four precious children, and over periods of time we had in our care displaced children and adults, and a loved one without sight and hearing. I took my part in the work of Parent-Teacher Associations, League of Women Voters, work with overseas students, schools, and branch Churches of Christ, Scientist. All this was done with perfect physical freedom; I never felt my busy feet! There were many challenges—business problems have been solved; so-called childhood diseases, broken bones, dislocated joints, and other physical disorders have all been beautifully healed.

During the wartime years of the 1940's my husband was a Christian Science Wartime Minister, and we regularly brought home, assisted, and otherwise helped look after these brave men-on-the-move. We were selected to keep our eating places open for troop trains and were often on the floor around the clock, help was so scarce. In several big night fires near us we opened our lunch counters to beleaguered firemen, policemen, and businessmen for free rolls and hot drinks—just the two of us serving all night. Christian Science made it easy and natural for us to meet these sweeping needs. Stunts of achievement? Hardly. But practical evidence of the far-reaching effects of this true knowledge of God, substantiating man's God-derived power.

Even in recent advancing years I have served long vigils of Christian Science nursing with winged feet and perfect physical freedom. I daily enjoy sessions of jogging, swimming, and piano ragtime. "The centuries break, the earth-bound wake,/God's glorified!" (*Poems* by Mrs. Eddy, p. 79.)

Before our two girls and two boys were out of high school and university my husband died. Although it would have seemed so easy to have slipped away with him, I prayed day and night for the vision, strength, and unselfedness to carry on (wakeful nights are wonderful times to pray). I thought of our dear children and their unfolding needs, and positioned myself to expect and to experience such Bible promises as "He . . . shall gently lead those that are with young" (Isa. 40:11). I found one particular clause of Mrs. Eddy's. It is the first part of this sentence (*Unity of Good*, p. 38), "It is unchristian to believe in the transition called *material*

*death*, since matter has no life, and such misbelief must enthrone another power, an imaginary life, above the living and true God." I often thought of Paul and studied his stance in the light of Christian Science. With patient persistence we prevailed in carrying through every necessary step—even the children's education through university. Now they are settled in fine careers and their own beautiful families.

Surely there is one thing we need in our homes, and in our churches. It is here, Mrs. Eddy tells us in *The First Church of Christ, Scientist, and Miscellany* (pp. 126–127): "We have it only as we live it. This is that needful one thing—divine Science, whereby thought is *spiritualized*, reaching outward and upward to Science in Christianity, Science in medicine, in physics, and in metaphysics."

(Mrs.) GWEN McCULLOCH  
Yakima, Washington



I have had many healings and blessings through the application of Christian Science. I feel the deepest gratitude to God for Christ Jesus, the Exemplar, and for His wonderful revelation to Mrs. Eddy given in *Science and Health*, which has taught me that in every instance it is God that heals us and that we can never be separated from His loving care.

One healing of a growth in the small of my back took three years. I had occasional help from a Christian Science practitioner when there was much fear and pain to overcome. The rest of the time I prayed steadfastly on my own. It was then I started to read and reread *Science and Health* from cover to cover, a practice I have continued ever since. I never fail to find the book fresh, inspiring, and rewarding. Sometimes I use the Concordances for deeper study. I feel quite sure that this reading resulted in my eventual healing, when the growth opened and disappeared. My thought had been lifted out of the belief of material physicality as real into "the sunlight of Truth." Mrs. Eddy states (*Science and Health*, p. 162), "Christian Science brings to the body the sunlight of Truth, which invigorates and purifies."

Persistence does seem necessary sometimes before we experience a healing, but I have always found that when the healing comes, it is complete and perfect, and my understanding of Christian Science has deepened and expanded because of it. I hope others who have struggled hard and long with some difficulty will take courage and be firm in their conviction that this wonderful Science does heal when correctly applied and understood.

Another healing of the effects of an accident made a great impression on me, because in every detail God's loving care for me was evidenced. Our car was involved in a head-on collision in which both vehicles were damaged beyond repair. Thankfully, no one else was hurt, but my face broke the windscreen of our car, and it was difficult for me to move. Due to the fact we were six hundred miles from our home in the north of Scotland, I agreed to go to hospital. This all took place within a short distance of the country home of my Christian Science teacher, so my husband was able to contact him quickly, enabling me to have immediate and effective Christian Science treatment.

The hospital staff respected my wish to have no medication of any kind. They twice asked me to look at the injuries to my face in a mirror, telling me they were sure I would be scarred. But I refused to look or to believe this would be true. I knew the material evidence to be false and that I needed to hold firmly to the truths I was learning in Christian Science of God and His idea, man—that is, to see myself and others as the image of God, as we are told in the first chapter of Genesis, verse 27. I remembered two very helpful citations. One is from the Bible (Ps. 138:8), "The Lord will perfect that which concerneth me." The second one is from *Miscellaneous Writings* by Mrs. Eddy (p. 277), "No evidence before the material senses can close my eyes to the scientific proof that God, good, is supreme."

I quickly regained my strength and ability to move freely, and left the hospital after five days. The cuts and discoloration healed very quickly through prayer alone, leaving no scars.

I am so very grateful for Christian Science for all it has done and is doing for me, for class instruction and the yearly association meeting, and for the Christian Science periodicals, which are such a



joy to receive. I am grateful that *Science and Health* and some of the periodicals are published in a number of languages other than English to help bring the healing Truth to all mankind.

(Mrs.) NANCY ALLEN  
Farr, Highland, Scotland



[Original in Italian]

It is with deep gratitude for the blessings we have received, thanks to the study and application of Christian Science, that I share this testimony of healing.

Some years ago a friend presented me with a copy of *Science and Health* by Mrs. Eddy. It seemed difficult for me to understand, and so I put it aside until, in a moment of great fear, it revealed itself to me as a certain and loving guide. For several months my little daughter had been suffering from a painful muscular contraction in her left eye, and the treatment and medicines prescribed by the pediatrician were ineffective. His diagnosis was a difficult name, which I do not remember.

My sorrow at seeing the child suffer drove me to look for the name of a Christian Science practitioner in *The Herald of Christian Science*, Italian Edition. The practitioner spoke to me of God's love for all His children; she spoke to me of the definition of "children," which Mrs. Eddy gives us in *Science and Health*. It begins (p. 582): "CHILDREN. The spiritual thoughts and representatives of Life, Truth, and Love." She also directed me to these passages in *Science and Health*: "God creates and governs the universe, including man. The universe is filled with spiritual ideas, which He evolves, and they are obedient to the Mind that makes them" (p. 295) and "All reality is in God and His creation, harmonious and eternal. That which He creates is good, and He makes all that is made" (p. 472). No sooner had my little daughter and I begun to understand God as Father-Mother, our only creator, than the nervous tic completely ceased. I began to acquire more and more faith in the healing Principle, divine Love, taught in Christian Science. Although the pediatrician had also told me that my daughter had a serious deviation of the nasal septum, which would

disfigure her face and cause suffering unless she were operated on, thanks to the consecrated study of this marvelous Science and the continuous prayerful support of the practitioner, my fear that that would occur disappeared, and the little girl grew to be healthy and normal. Now she is an excellent student and enjoys perfect health.

I want to thank God for having made Christian Science known to me and for the help of the practitioners who assisted us with so much love in our spiritual growth. I know that the best way to express my gratitude is to strive constantly to walk in the path of light and Truth Mrs. Eddy has so lovingly shown us.

(Mrs.) AMALIA AMORIN  
Vittorio Veneto, Italy



Joyful was the day when I accepted Christian Science in my life. It answered all my questions and brought healing to heart and mind through the power of divine Love.

Jesus said (John 8:32), "Ye shall know the truth, and the truth shall make you free." A short time ago I fell on a sidewalk in New York City and broke my wrist. It was very painful, and the picture was frightening. Instantly I knew that man as the representative of God could not fall. He lives in God's care. All movement is in infinite being. The healing of the wrist came soon through the prayerful help of a Christian Science practitioner.

I have had many healings through prayer in the past—colds, sprains, back injury, and warts on the bottom of my feet. These healings have been permanent. I have enjoyed a peaceful and harmonious transition in moving my home from New York City, where I lived for many years, to Connecticut.

Mrs. Eddy has written in the *Manual of The Mother Church* (Art. XVII, Sect. 2), "Gratitude and love should abide in every heart each day of all the years." This message fills my thought daily.

Words can't express my gratitude for the many branch Churches of Christ, Scientist, that place Christian Science literature in the backstage racks in many theaters from here to the West Coast.

To have the literature so available was very helpful to me in all the years that I traveled.

I am grateful to God for Christ Jesus, who gave this truth to the whole world, for Mrs. Eddy, for membership in The Mother Church, and for class instruction.

(Miss) IRENE G. PHELPS  
Meriden, Connecticut



I am glad to be able to acknowledge, from personal experience, the healing power of the truth of man's being as an idea of God, explained in Christian Science.

The greatest test of my understanding of Christian Science and of my willingness to rely on it came in 1968. When my husband retired, we went to Europe to travel for two years. After several months I gradually became ill with an undiagnosed digestive difficulty, to the point where I could eat very little. My weight dropped below one hundred pounds, and I became very weak. We left Spain, where I had been unable to find Christian Science help at that time. We flew to London and asked prayerful help from a Christian Science practitioner. For a time things appeared to get worse, until I could retain no food at all, not even milk.

I rejected the thought of going to a hospital where intravenous feeding techniques could be applied, on the ground that the use of such means, including the accompanying subjection to medical theories, would be unacceptable to me. After a lifetime as a student of Christian Science, my faith was not in such methods.

But something had to be done, and soon! One night I was very ill and discouraged. My husband asked that we say the Lord's Prayer together, silently. To my amazement, I found I couldn't do it. After only two or three phrases my mind would wander away to my fear and misery. Each time I recognized this, I began the prayer again, seeking to understand its great spiritual significance. Finally, after about an hour of trying, I managed to complete the Lord's Prayer silently, with no mental intrusions.

My thought was so quieted by this time that when my husband finally began reading to me, I was receptive to this message from

the Bible: "Purify your hearts, ye double minded" (James 4:8). I saw I needed to obey the first commandment—to have God supreme in my thought. It struck me strongly that this was where the healing lay. I suddenly realized that I had been worshiping at two altars, as it were—proclaiming God on the one hand and kneeling before material limitations on the other. I immediately decided to turn each thought consciously in God's direction and to reject as powerless every argument of discord, regardless of physical sensations. I slept quietly the rest of the night.

In the morning I was able to go to a place in London where proper nursing care was available for Christian Scientists. Meanwhile, the practitioner continued to work steadfastly with me to increase my understanding of God's supremacy. After three months my husband and I felt we could continue our journey, even though the healing was not completely evident. But with the backing and support of the truth—of harmonious life in God—which I had been studying and absorbing, we happily continued our trip around the Continent for the next five months before returning home. Once there, the physical problem seemed completely healed.

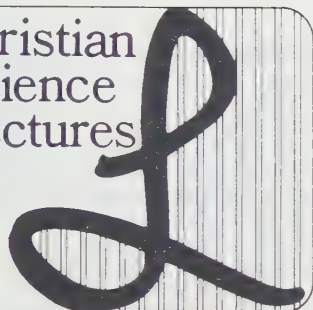
Later, however, when we returned to Europe for the summer, the symptoms again appeared. But when fear and discouragement were at their height, this question came to my thought: "Which is real, Truth or evil?" The answer, founded on my understanding of God's allness, was obvious. So, I reasoned, if I am on God's side, I have to quit rehearsing the symptoms and sensations of the seeming opponent. This put things in perspective. I replaced each discord with the affirmation of God's presence and control. The symptoms subsided and disappeared. That was the end of the trouble permanently.

I am increasingly grateful for all the varied provisions in the Christian Science movement through which the truth of God's power is continuously being demonstrated, revealing to each of us the particular truth that will free us from limitation of any kind.

(Mrs.) MARY ALLEN POSTLEWAITE  
Oxnard, California



# Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

## ENGLAND

**ESSEX—Chelmsford:** Friends Meeting House, 82 Rainsford Rd., 8 p.m., Mon., Sept. 19.‡ "Responding to the Word of God" (Anwandter)

**LEICESTERSHIRE—Leicester (Society):** Newark Girls School, Fosse Rd., S., 8 p.m., Thurs., Sept. 22. "Responding to the Word of God" (Anwandter)

**NORFOLK—King's Lynn:** Great Hall, Thoresby College, South Quay entrance, 7.30 p.m., Fri., Sept. 23. "Liberation Through Christ" (Anwandter)

**SURREY—Esher (First, Claygate and Esher):** Claremont School, Claremont Dr., 8 p.m., Tues., Sept. 20.‡ "Responding to the Word of God" (Anwandter)

## FEDERAL REPUBLIC OF GERMANY, INCLUDING WEST BERLIN

**Berlin (First):** Freien Universität Berlin, Auditorium Maximum, 35 Garystr., Dahlem, 6 p.m., Fri., Sept. 23. In German. "The Divine Adventure" (Wyndham)

**Berlin (Ninth):** Saal, Gemeinschaftshaus, Gropiusstadt, 66 Lipschitzallee, 4 p.m., Sat., Sept. 24. In German. "The Divine Adventure" (Wyndham)

**Saarbrücken:** Kongresshalle, Hafenstr., Osteingang, 4 p.m., Sun., Sept. 18. In German. "The Divine Adventure" (Wyndham)

**Wuppertal:** Aula der Kaufmännischen Unterrichtsanstalten Ost, 222 Bundesallee, 8 p.m., Tues., Sept. 20. In German. "The Divine Adventure" (Wyndham)

## AUSTRALIA

**QUEENSLAND—Toowoomba:** Q.C.W.A. Hall, 263 Margaret St., 3 p.m., Sun., Oct. 16.‡ "Use Your Spiritual Power" (Henderson)

**VICTORIA—Glen Waverley (First, Waverley):** Glen Waverley High School, O'Sullivan Rd., 8.15 p.m., Tues., Oct. 18.‡ "Justice Under God's Care" (Henderson)

**Ringwood:** Norwood High School, Byron St., North Ringwood, 8.15 p.m., Fri., Oct. 21. "Use Your Spiritual Power" (Henderson)

## UNITED STATES

(Week of September 4 to 10,  
and a later date)

**ALASKA—Anchorage:** Pioneer Hall, 612 F St. (nr. Sixth), 8.15 p.m., Tues., Sept. 20.‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

**CALIFORNIA—Los Angeles (First):** Church, 5444 W. Olympic Blvd., 8 p.m., Fri., Sept. 9.‡ "Claim Your Real Inheritance" (Tuttle)

**FLORIDA—Bradenton:** Beall Auditorium, 2310 14th St., W., 3 p.m., Sun., Sept. 4.‡ "No, You're Not Trapped!" (Leever)

**MASSACHUSETTS—Hingham:** Loring Hall, 65 Main St., 10.30 a.m., Sat., Sept. 10.‡ "The Life That Is Worth Living" (Henniker-Heaton)

**MICHIGAN—Albion:** Church, 202 W. Erie, 8 p.m., Sat., Sept. 10.‡ "The Spiritual Viewpoint" (Correll)

**Beulah-Benzonia:** Church, 939 Beulah Hwy., Beulah, 3 p.m., Sun., Sept. 4. "There's Only One Real Ego" (Correll)

**Caro:** Church, 510 W. Lincoln, 8 p.m., Thurs., Sept. 8.‡ "There's Only One Real Ego" (Correll)

**MICHIGAN** (continued)

**Mason:** Elementary School, 400 S. Cedar St., 8 p.m., Fri., Sept. 9. ‡ "There's Only One Real Ego" (Correll)

**NEW MEXICO—Albuquerque:** Montgomery Plaza Mall Theater, San Mateo and Montgomery Blvd., N.E., 12 m., Thurs., Sept. 8. ‡ "Honesty—The Power of Its Deeper Dimension" (Rennie)

**NORTH CAROLINA—Charlotte:** Pease Auditorium, 1200 Elizabeth Ave., 3 p.m., Sat., Sept. 10. ‡ "No, You're Not Trapped!" (Leever)

**Hendersonville:** See local notice for place. 8 p.m., Fri., Sept. 9. ‡ "No, You're Not Trapped!" (Leever)

**OHIO—Toledo** (Second): Church, 2154 Collingwood Blvd., 8 p.m., Fri., Sept. 9. ‡ "The Search for Life" (McGrew)

**TEXAS—Beaumont:** Church, 2955 Louisiana St., 8 p.m., Thurs., Sept. 8. ‡ "The Power of God" (Rivas)

**WISCONSIN—Superior:** Church, 1902 John Ave., 8 p.m., Sat., Sept. 10. "Reality: Matter or Mind?" (Ferris)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

## NOTICE TO CORRESPONDENTS

Officers of branch churches and individuals who have occasion to correspond with The Christian Science Board of Directors, with the Clerk and the Treasurer of The Mother Church, and with the heads of departments of The Mother Church Offices are requested *to place their complete addresses on their letters and to write their signatures plainly*. Your cooperation will be appreciated. General mail address for The Mother Church and its administrative offices is: The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115. Telephone: 262-2300 (area code 617). Cable: Church, Boston.

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It would also be helpful to send one of the current mailing labels from the periodicals you are renewing.

# Letters to the Press

From Christian Science  
Committees on Publication

*The Arizona Republic*  
Phoenix, Arizona

I was interested to read an editorial on the cure for cancer, "Wisdom and Laetrile," in *The Arizona Republic*.

Since Christian Science was mentioned incidentally, it seems relative to advise that cancer cases diagnosed as terminal have been healed in Christian Science.

Accounts of these healings, after being authenticated, have been reported in Christian Science periodicals, and several are on record in the book, *A Century of Christian Science Healing*, which is available in Christian Science Reading Rooms and many public libraries.

Because of the general misconception that only what material medicine says about the cure of disease is valid, it is difficult for news about healings through other means to come before the public, but they are going on just the same; including, but not limited to, healings by prayer among Episcopalian, Baptist, and Presbyterian churches.

PAUL D. HUTCHINS  
Committee on Publication

## SUBMITTING TESTIMONIES

Convincing testimonies of healing in Christian Science are welcomed for publication from members of The Mother Church and from students who are not members. If possible, they should be typed, triple spaced, on one side of the paper only and with wide margins. A testimony should be concise and include only the important points necessary to tell of the healings. Thus more testimonies can be published. Testimonies should be signed by the testifier and verified by three members of The Mother Church who can vouch for the integrity of the testifier or have witnessed the healings. If the testifier is unacquainted with three members, his affidavit may be sufficient, but in this case he should, if possible, obtain verification from one or two members. The testifier should submit the verifications with the testimony. Complete addresses of the testifier and his vouchers should be furnished.

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Testimonies should be addressed to The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115.



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International money orders and dollar drafts reaching the Publishing Society in Boston contain only the name and address of the sender and the amount. To help us serve you better, will you please write to us at the time you purchase the money order or dollar draft and tell us what your remittance is for. This will enable us to avoid the delay caused by the necessity of writing to you. Dollar drafts purchased from your local bank can be processed more quickly than international money orders.

## A CONTINUING INVITATION

Members of The Mother Church are invited to write articles and poems for the periodicals. Convincing testimonies of healing are also welcomed from members, as well as from those who have not yet joined The Mother Church.

Specific guidelines may be obtained by writing The Christian Science Publishing Society, Journal, Sentinel, and Herald Editorial Department, One Norway Street, Boston, MA, U.S.A. 02115. Manuscripts should be sent to the same address.

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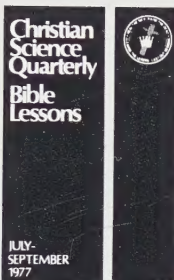
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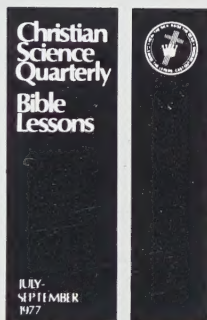
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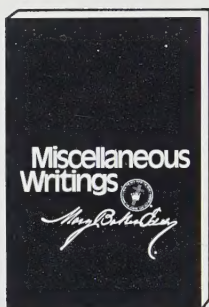
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